

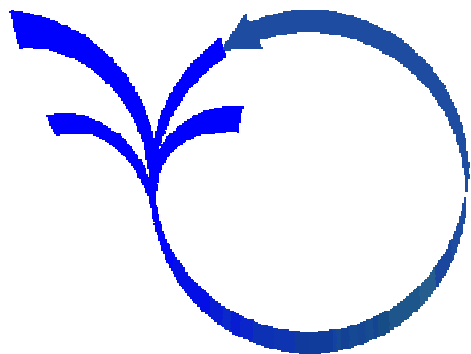
# Montgomery County, Arkansas, 2001 BreastCare BRFSS



Arkansas  
Department  
of Health

*BreastCare*

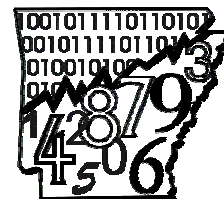
*Say Yes to a Mammogram!*



BRFSS

Behavioral Risk Factor Surveillance System

Arkansas  
Center for  
Health  
Statistics



# What is the Montgomery County 2001 BreastCare BRFSS?



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The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Montgomery County along with Pike County participated in county level BRFSS studies sponsored by BreastCare.



# What is BreastCare?

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BreastCare was created after the Arkansas General Assembly passed the Breast Cancer Act of 1997. This program was created to provide screening, diagnosis, treatment, surveillance activities, and public education and professional education to women in Arkansas.



For More Information about  
BreastCare...

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**1-877-670-CARE (2273)**

**[www.arbreastcare.com](http://www.arbreastcare.com)**



# In Pike & Montgomery Counties...

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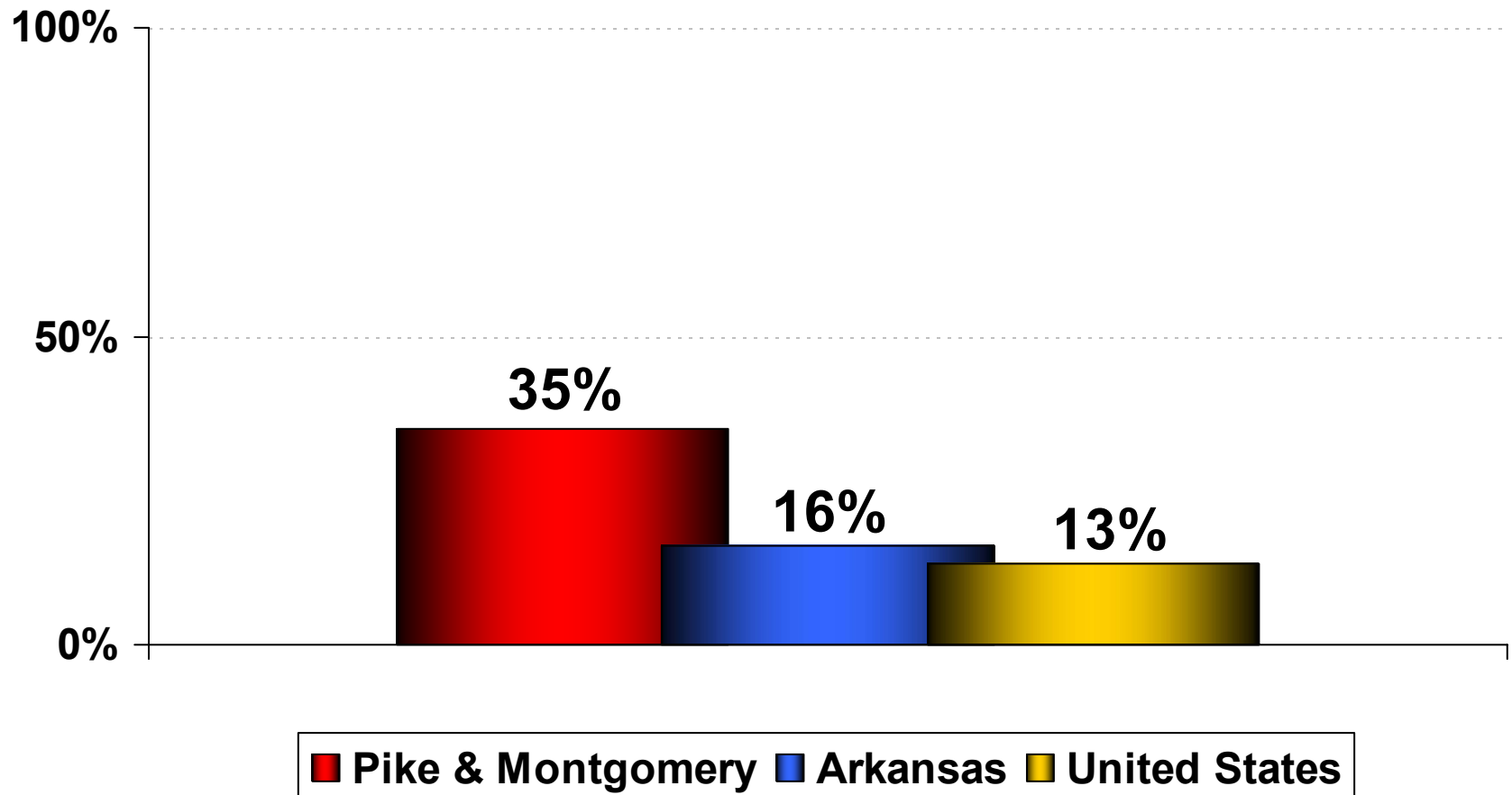
- Interviews were conducted with 800 people who live in Pike and Montgomery Counties in September, 2001.
- There were 460 respondents from Pike County and 340 from Montgomery County, with a margin of error of  $\pm 5\%$  for Montgomery County.
- Of the 340 interviews, 135 were with men and 205 were with women.



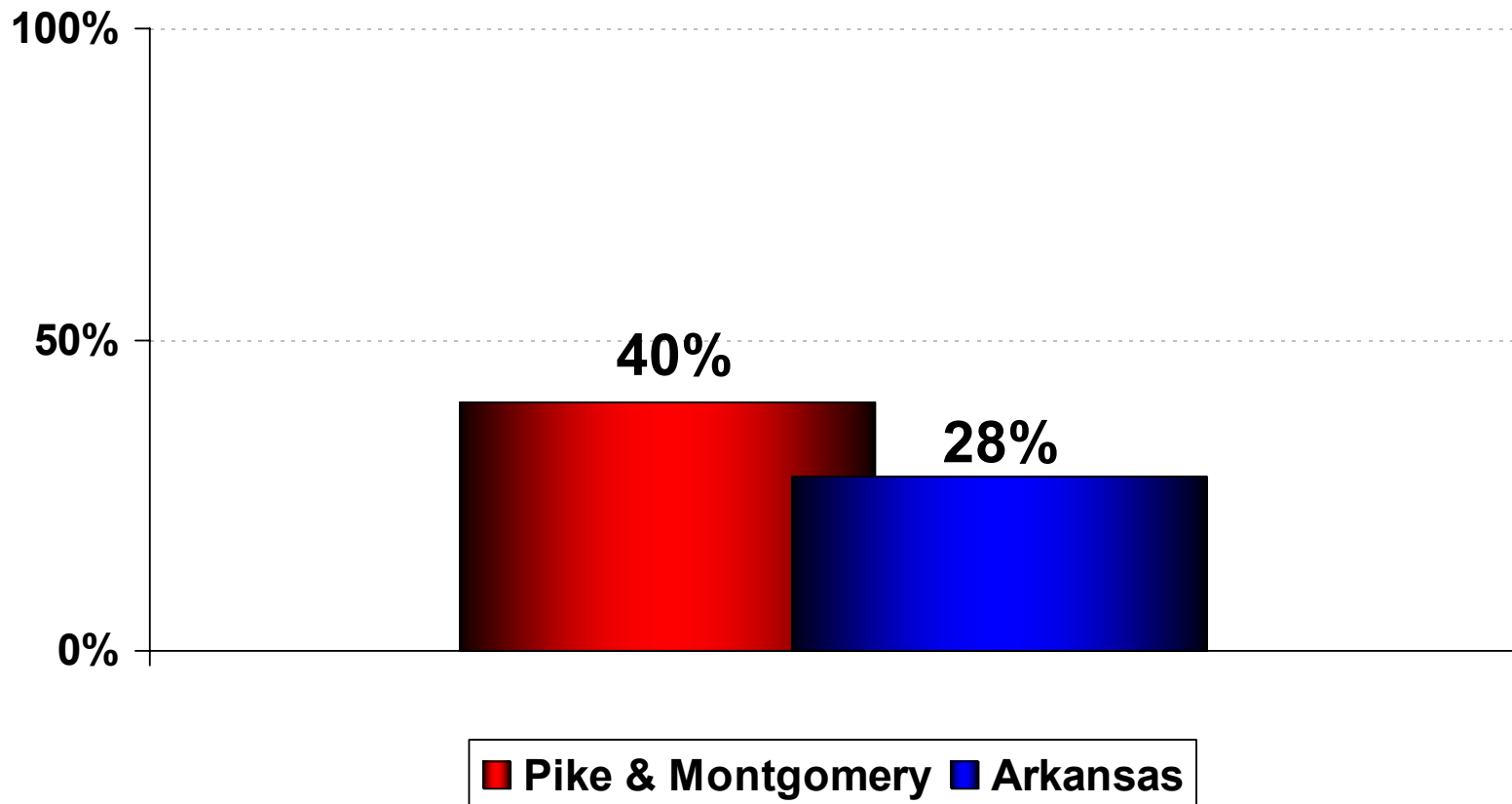
# Women's Health

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# Haven't Had a Pap Smear in Past 3 Years



# Women 40 and Over, No Mammogram in Past 2 Years







# What was the most common cause of death for Arkansas women in 1999?

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## **Heart Disease**

- ✦ Heart disease is the most common cause of death for both men and women in Montgomery County, in the state of Arkansas, and in the United States.

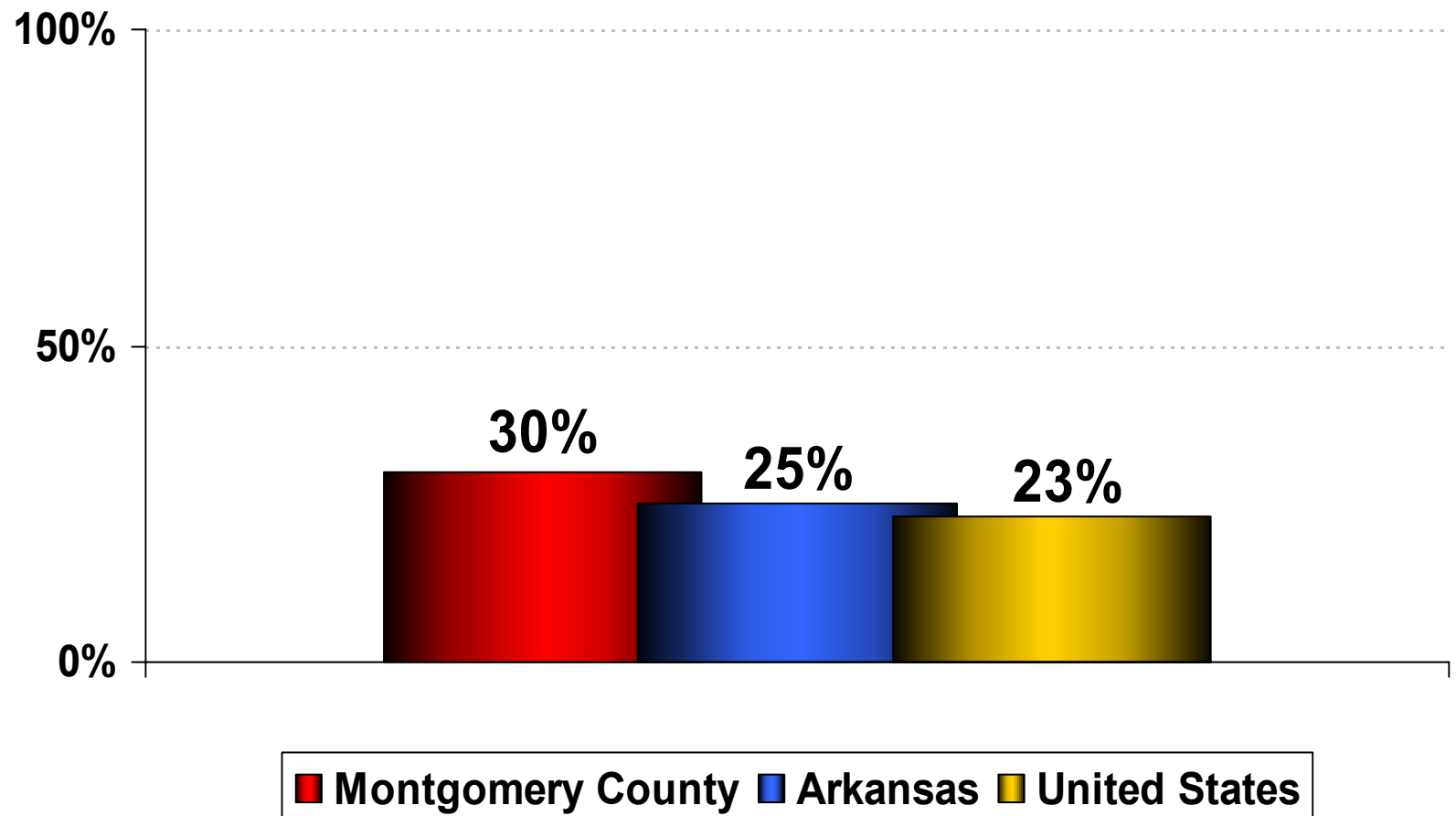
# Cardiovascular Disease Risks

## Measured Include...

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- + Using tobacco
- + Being overweight
- + Having a sedentary lifestyle
- + Having a poor diet

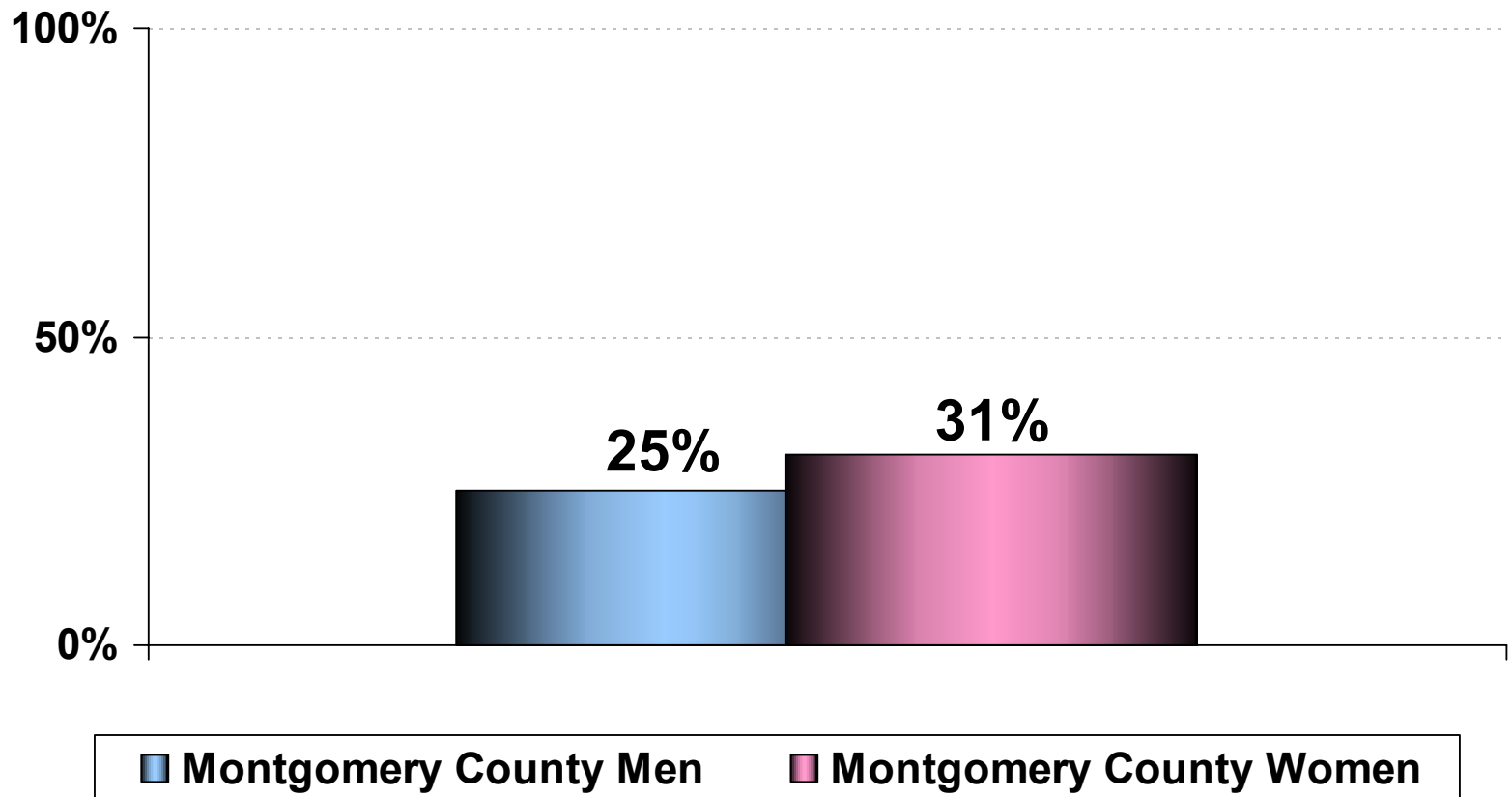
# Currently Smoke Cigarettes



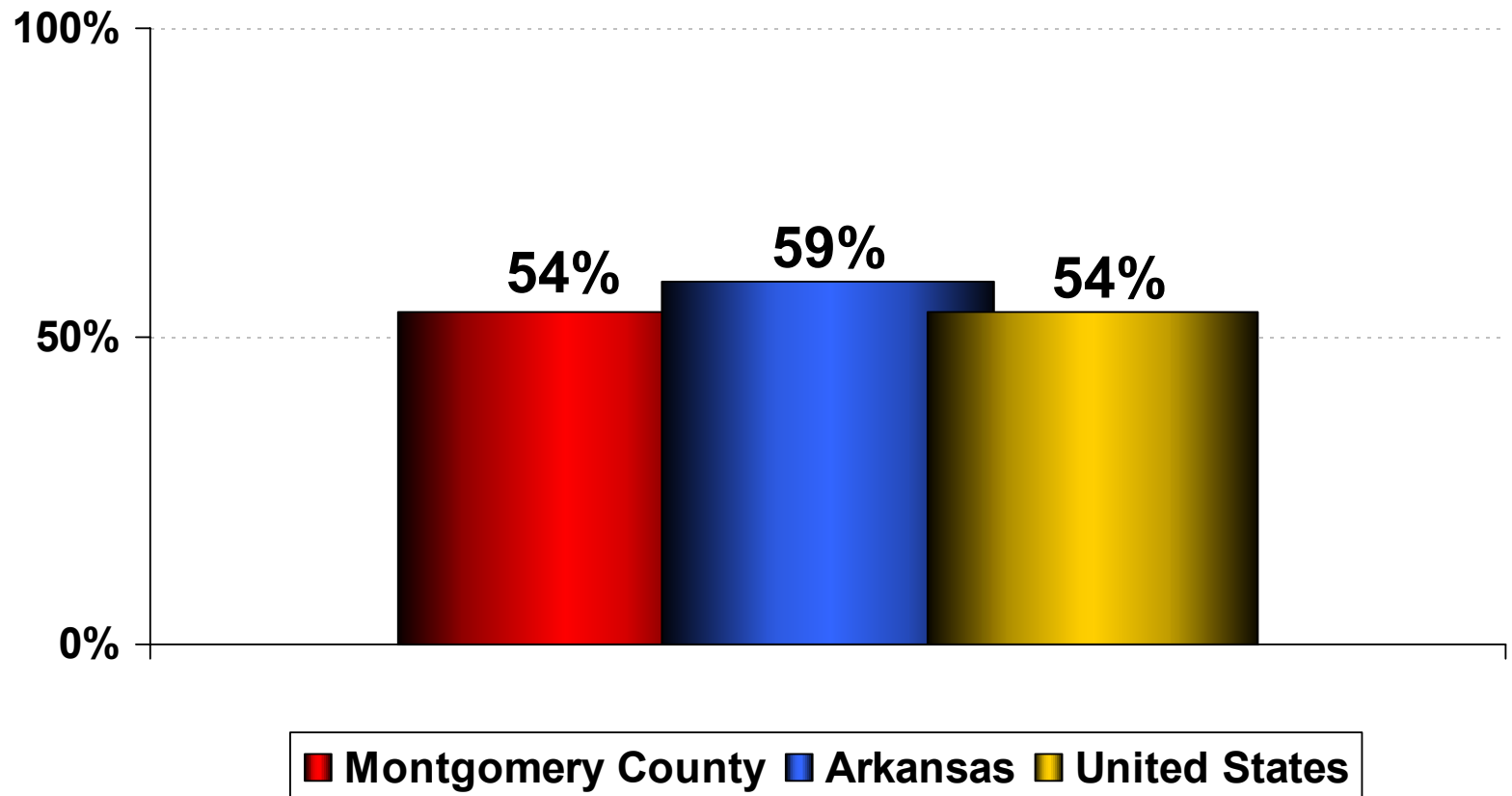


# Currently Smoke Cigarettes

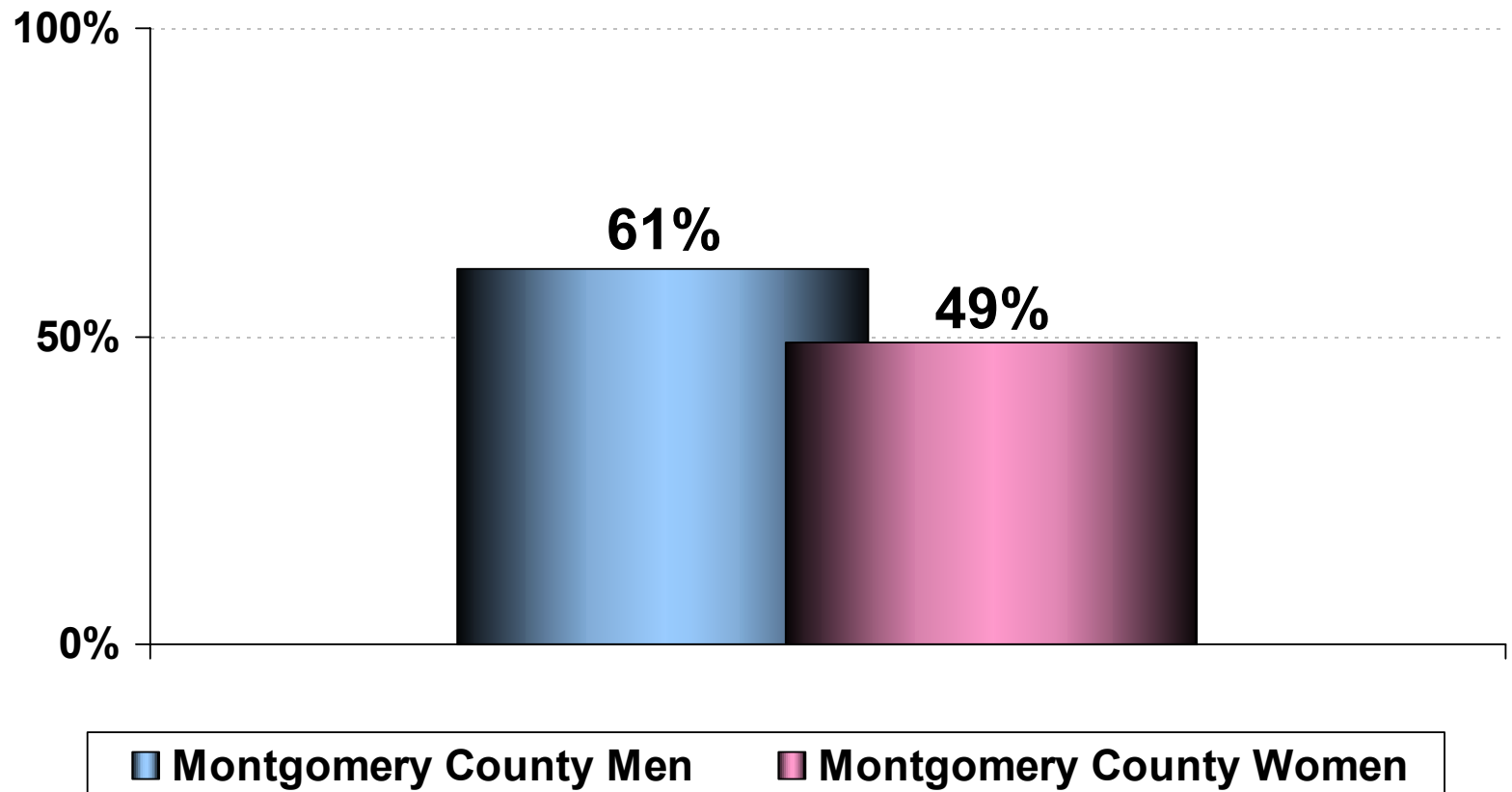
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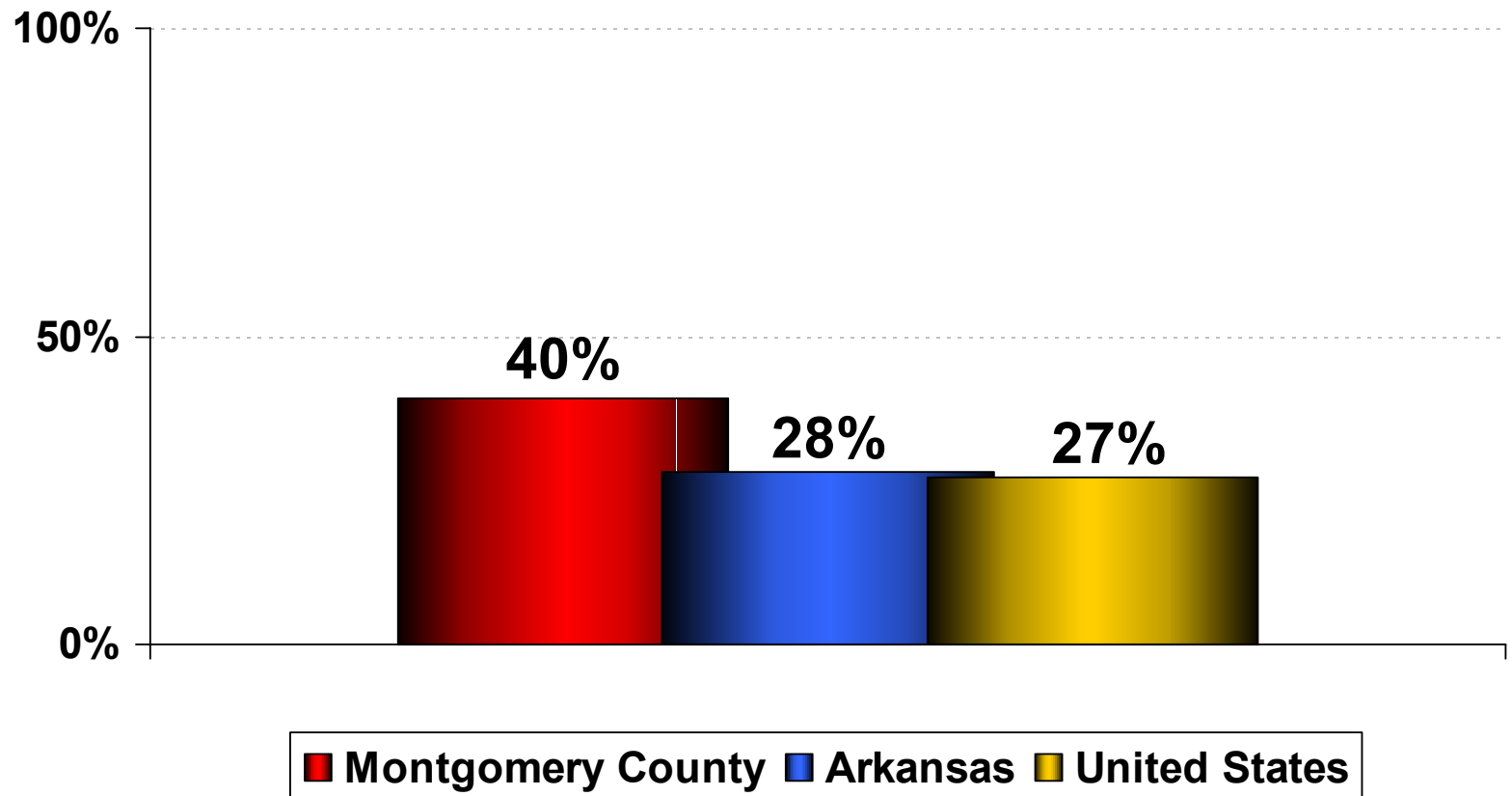
# Overweight as Measured by Body Mass Index



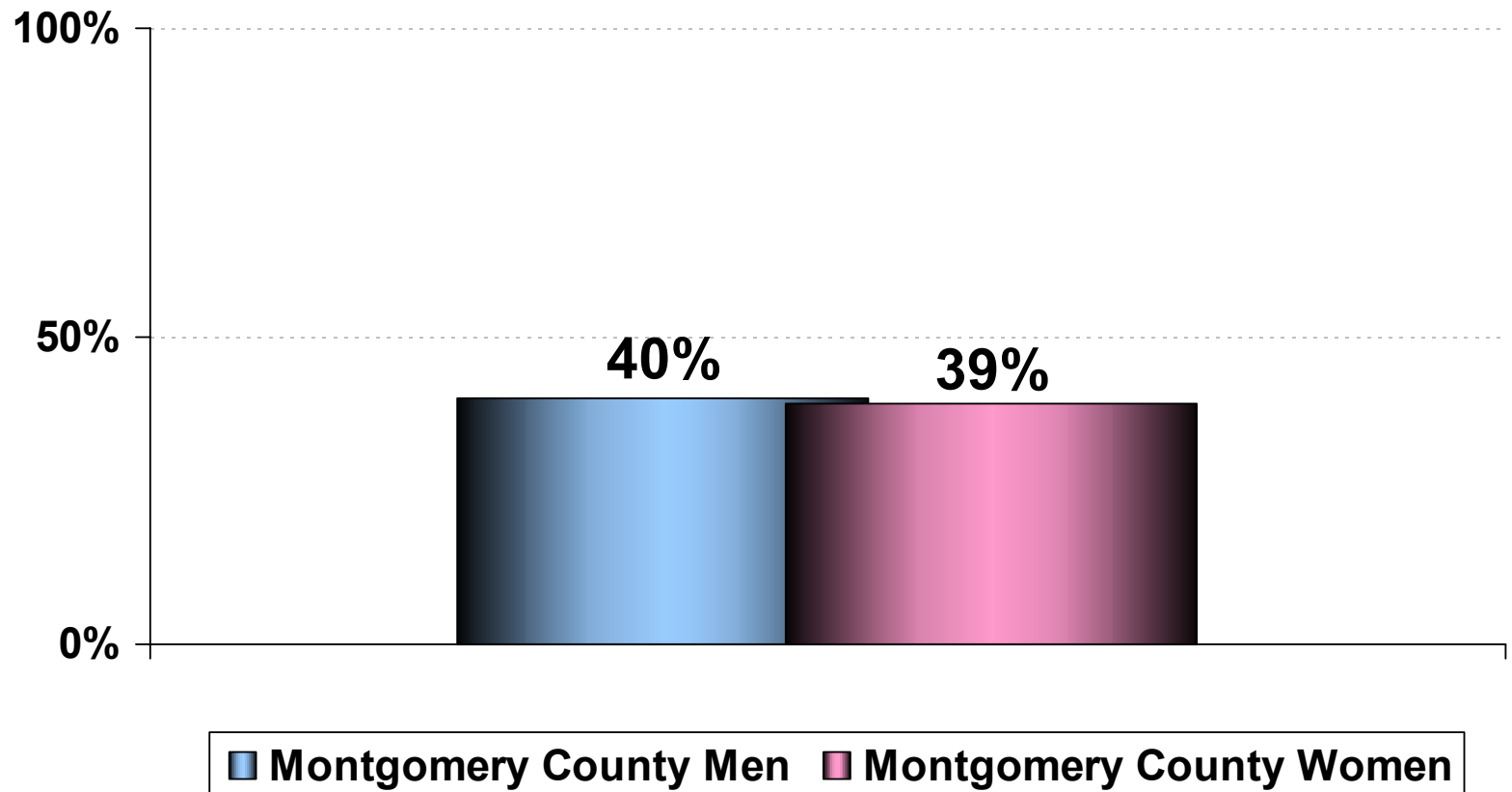
# Overweight as Measured by Body Mass Index



# Do Not Participate in Any Physical Activities

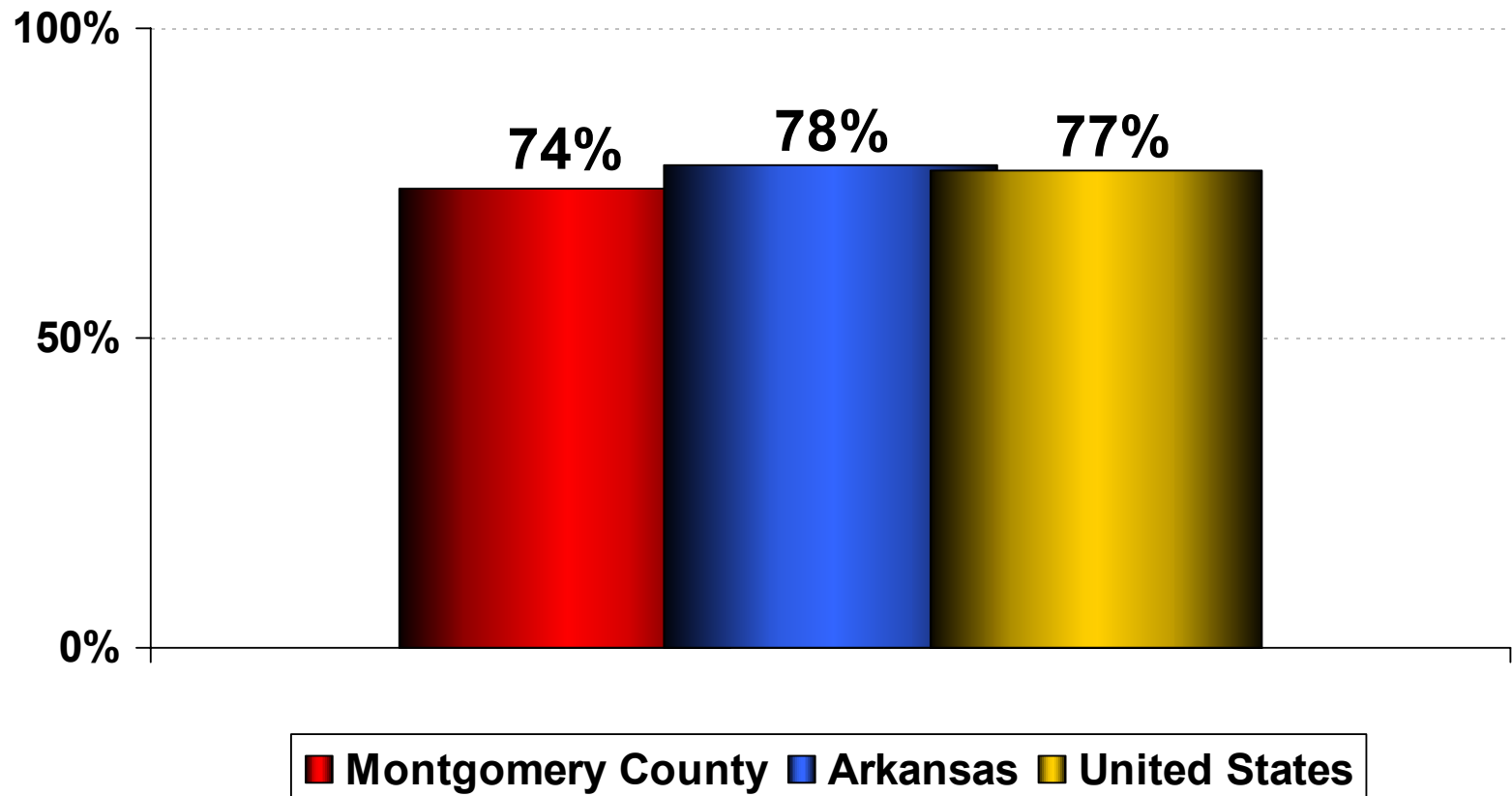


# Do Not Participate in Any Physical Activities

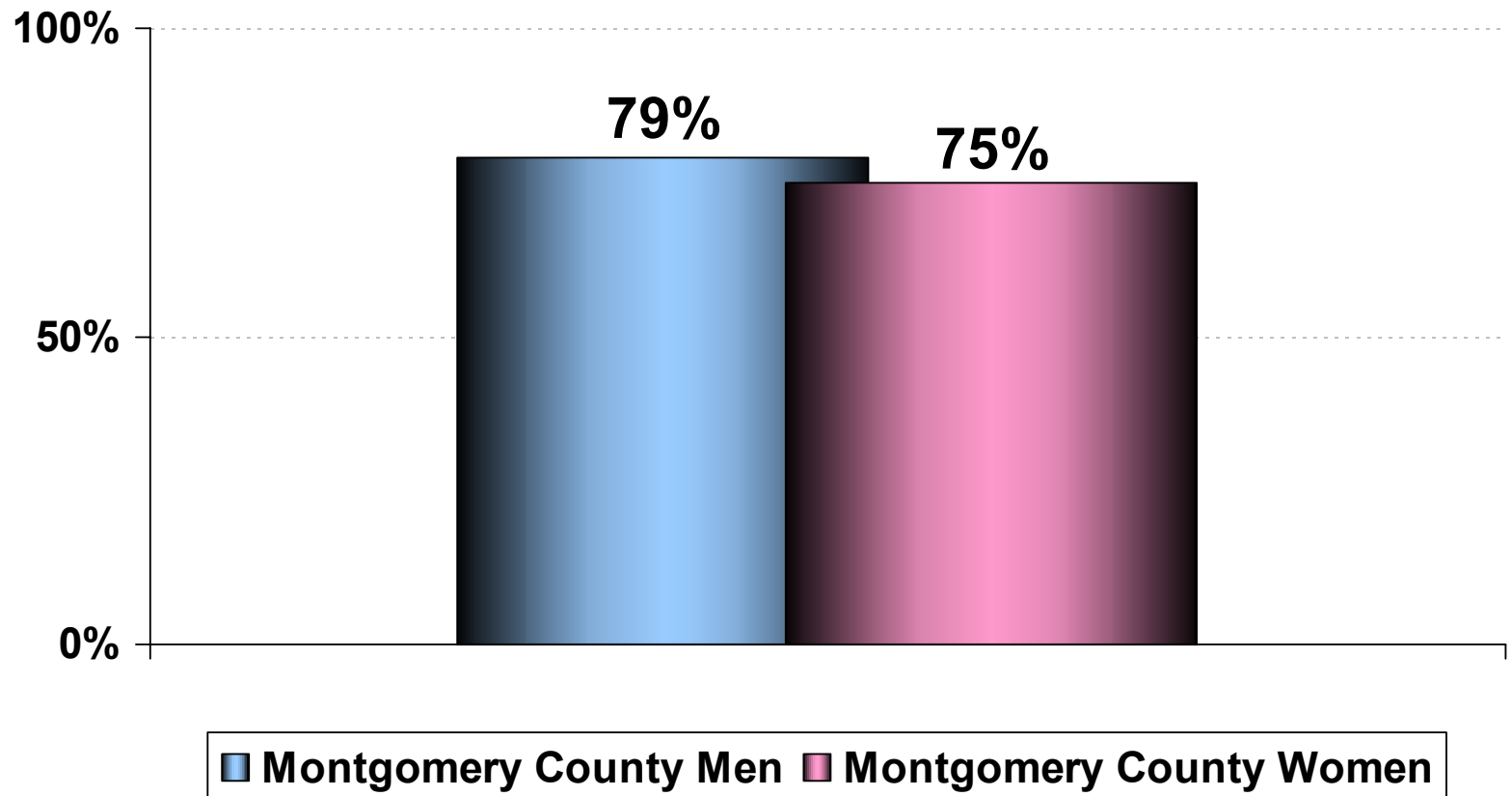




# Do Not Eat Five Fruits or Vegetables a Day



# Do Not Eat Five Fruits or Vegetables a Day

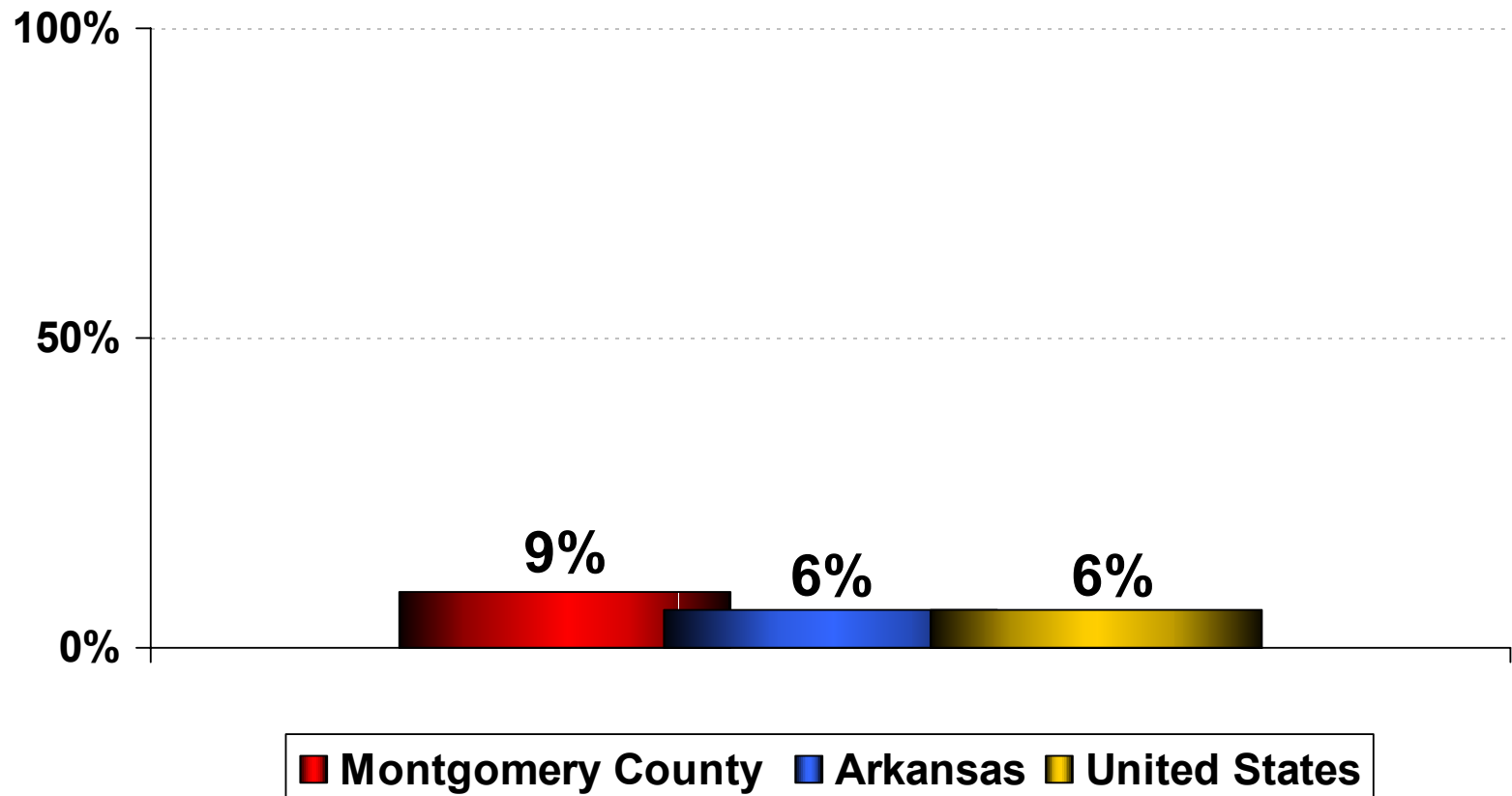


# Selected Other Major Risk Factors

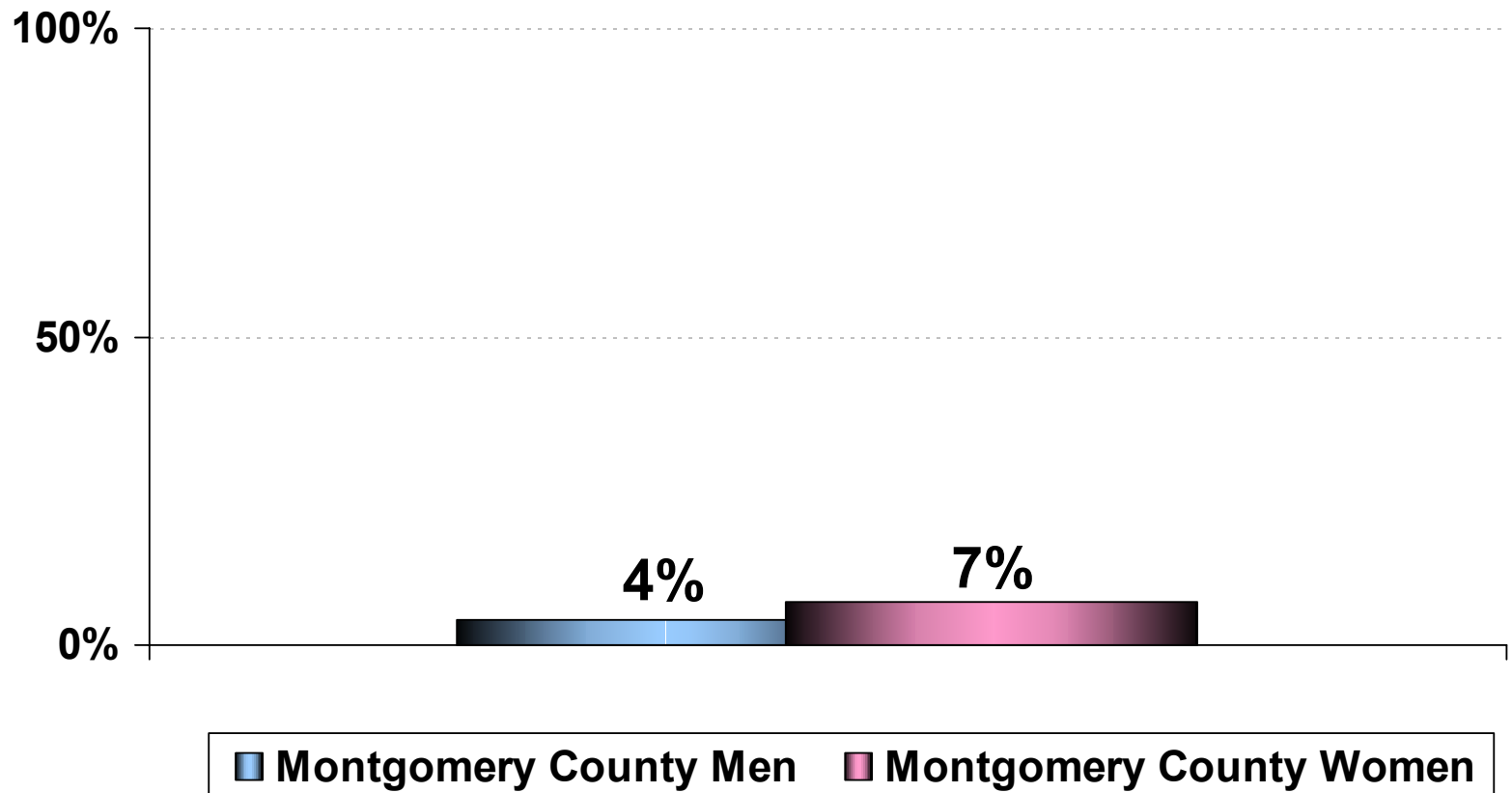


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# Have Been Diagnosed with Diabetes



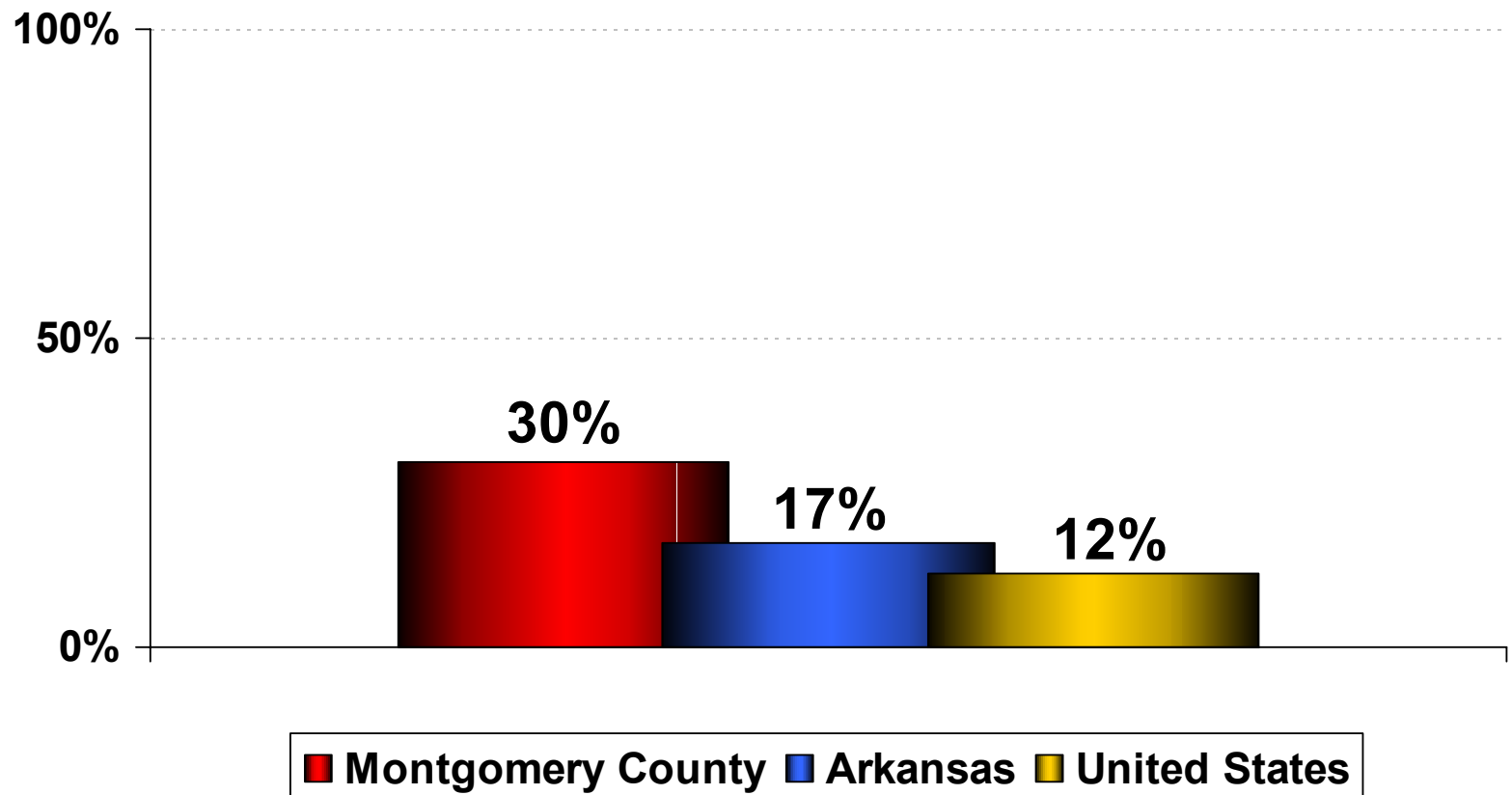
# Have Been Diagnosed with Diabetes





# Do Not Have Health Insurance

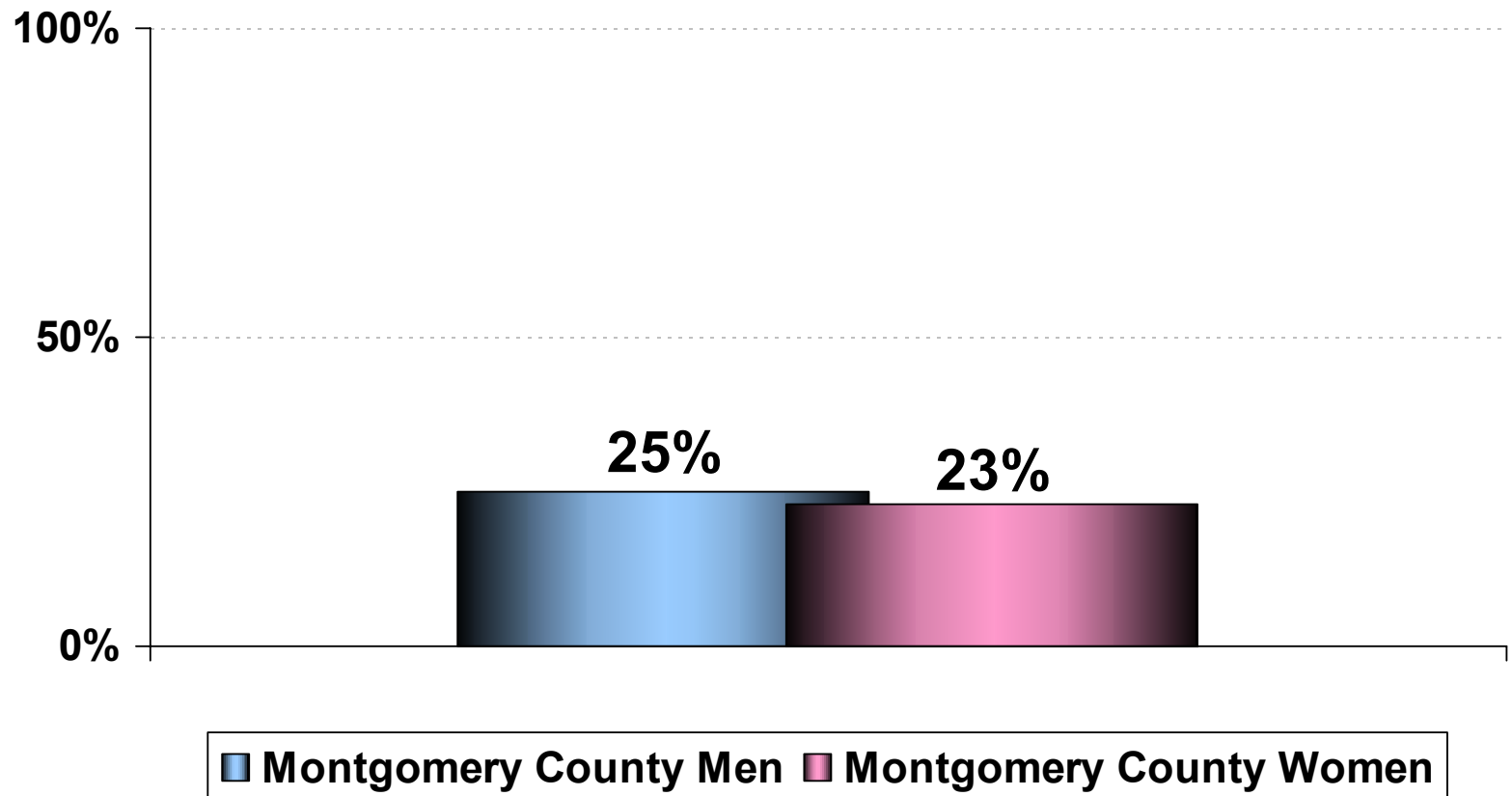
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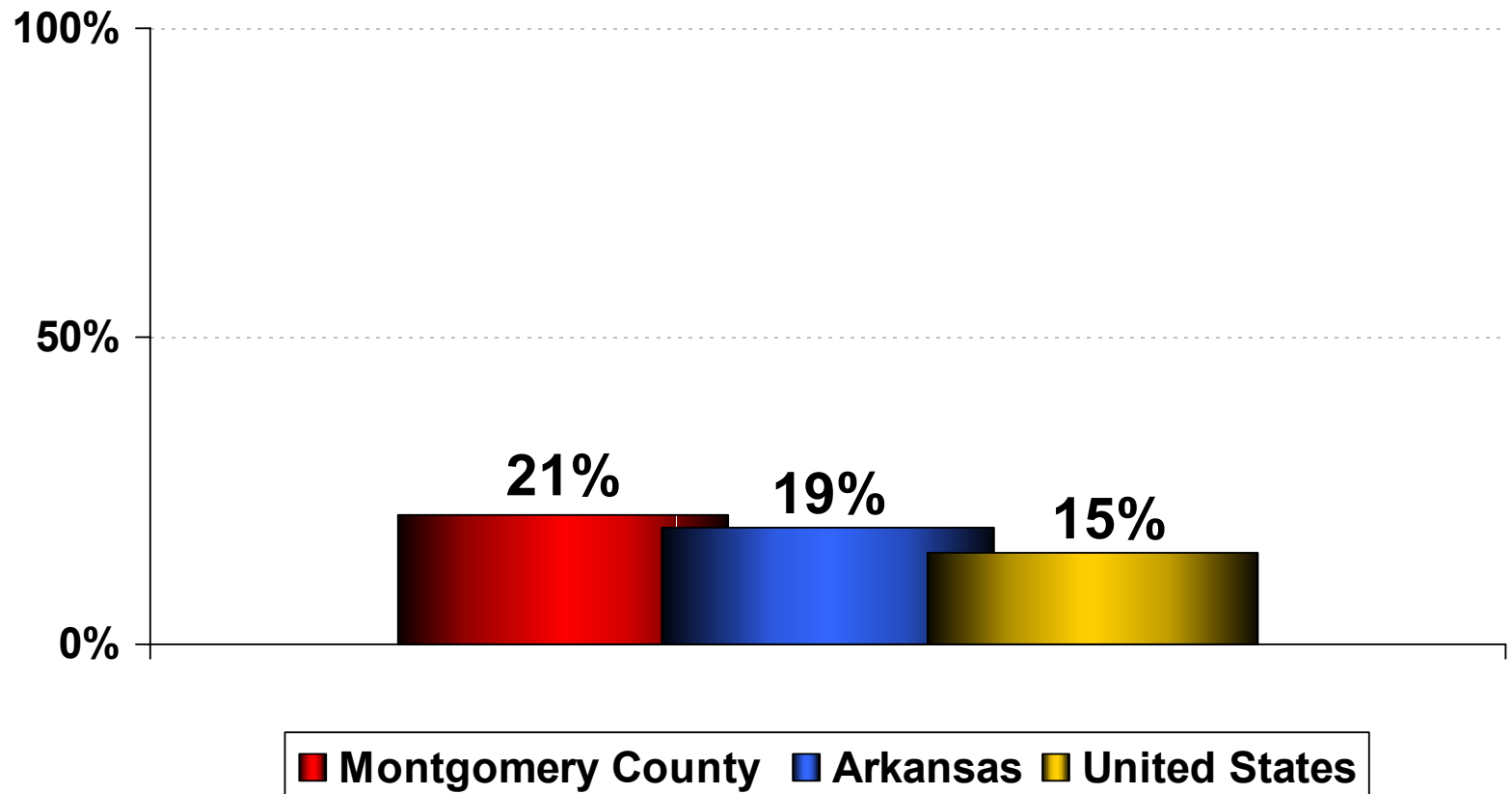


# Do Not Have Health Insurance

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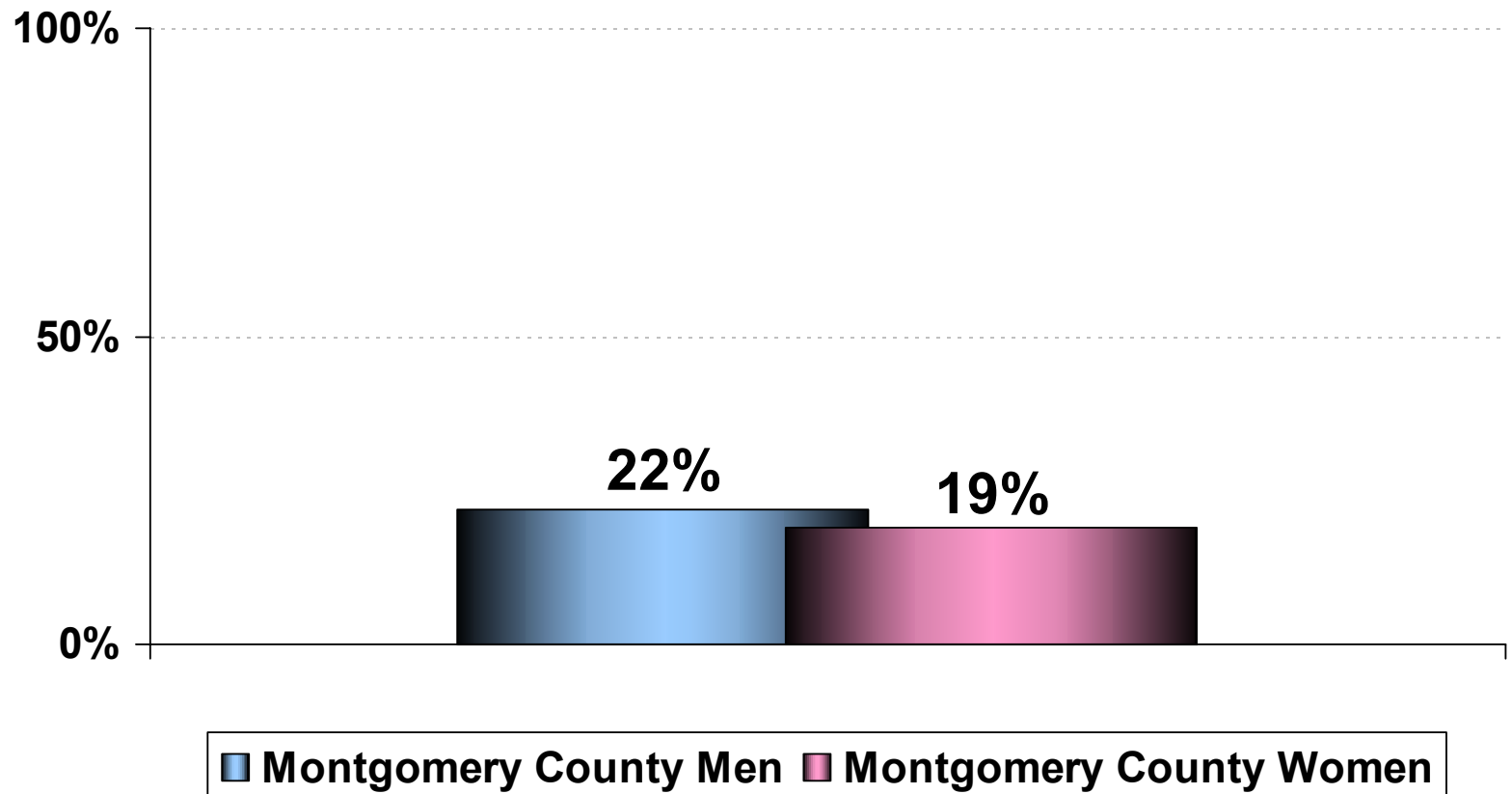


# Haven't Had Routine Checkup in Past 2 Years





# Haven't Had Routine Checkup in Past 2 Years



# What Can Our Hometown Health Coalition Do to Make a Difference?



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- ✦ Work with the results of your CVD Community Assessment surveys to find out what kinds of health activities would be useful in your community to fight CVD.